

BARTON PRIMARY SCHOOL AND EARLY YEARS CENTRE.



Relationships and Sex Education Policy

DATE: October 2010

TO BE REVIEWED: October 2011

SignedChair of Governors

Date.....



Rationale

The curriculum for Relationships and Sex Education provides an understanding that caring environments are essential for the development of a positive self-image and that individuals are in charge of and responsible for their own bodies and minds. It encourages the acquisition of skills and attitudes, which allows pupils to manage their own relationships within a healthy life style.

Aims

We aim to offer a programme which recognises that the foundation of Relationships and Sex education is the development of self esteem and positive relationships with others.

Relationships and Sex education is linked to wider aspects of Citizenship and PHSE curriculum.

We aim to positively promote the spiritual, moral, cultural, mental and physical development of the children in order to prepare them for the opportunities, responsibilities and experiences of adult life.

Objectives

To know that human beings develop at different rates.

To know that we are all different and of equal value.

To know that we have feelings which affect others .

To know that babies have specific needs.

To know the correct names for all the parts of the human body.

To learn how to keep ourselves safe.

To be aware of the different ways in which people live and work together.

To know about the human life cycle.

To develop an awareness of all loving, caring, 'family' relationships.

Content

The Curriculum will provide information that is easy to understand and relevant and appropriate to the age and maturity of the children. It will promote the exploration and clarification of values and attitudes. Content will be taught in topics, which will be developed in greater depth each year.

Guidelines

We have a whole school approach to the teaching of the curriculum, which is planned and progressive.

We acknowledge children's different starting points.

Work should, as far as possible, be integrated within the curriculum.

The views of the parents/carers and governors will always be considered.
We believe that all children should be given the appropriate knowledge, skills and understanding they will need to lead a confident, healthy and independent life and to become informed, active and responsible citizens.
We will work with children enabling them to achieve healthy lifestyles and to consider sensitive issues responsibly.
The guidelines below will be used to plan units of work and the topics may be taught within Science , R.E. PHCSE, P.E. or during Circle Time.

Topics

Reception

People in my life. What I do for them and what they do for me.

My moods - feeling happy, sad etc.

Friendships

My body and other people's bodies—similarities and differences.

The beginning of life - me, animals and plants.

Growth in people, animals and plants.

Year 1

My moods

Friendships

Labelling parts of the body

How we grow, sequencing the life of a person

Relationships- groups, community, family school

Females have babies whether animal or human

Keeping healthy

Marriage / stable relationships

Celebration, marriage in churches

Year 2

Changes as we grow

Feelings in families

What helps people to get on with each other - listening, sharing etc.

What makes me happy

What I like or don't like about other people

Keeping safe

Caring for myself - hygiene, sleep, exercise etc.

Inside my body - functions of different parts

Years 3 and 4

Feelings - things that make me happy, embarrassed, sad, scared etc.

Difficult situations - teasing and bullying
Changes in my own body and in those of others e.g menstruation
Keeping healthy - diet and exercise
Friendship - who our friends are and how we make and lose friends.
Making decisions- influences on me.
Keeping safe
Varied lifestyles in the class and community - differences in others and how we feel about differences
Appropriate relationships
Why people get married
Medicine and drugs

Who will teach the curriculum?

Class teachers will generally teach the curriculum. Support and advice will be sought from outside agencies such as the school nurse. Relationships and Sex education will generally be taught as a whole class although some activities, particularly in Yr 3 and 4, may be covered within smaller or single sex groups.

Working with parents/carers

Parents may withdraw their children from parts of the Relationships and Sex programme that are outside the compulsory elements of the national curriculum. Parents/carers considering this option should speak to the class teacher about areas of concern.
Parents/carers are welcome to discuss programme content and resources.

Dealing with Specific Topics

Safeguarding - Teachers will refer to the school policy and the council's procedures and guidelines.
Lesbian and Gay Issues— Individual questions from children will be answered as thought appropriate to the age of the child. Schools have a responsibility to educate all children about diversity within society and should not promote one lifestyle above another.