

BARTON PRIMARY SCHOOL AND EARLY YEARS CENTRE.



Healthy Food in School Policy

DATE: January 2011

TO BE REVIEWED: January 2012

Signed..... Chair of Governors

Date.....



Whole School Healthy Food Policy

Mission

Barton Primary School and Early Years Centre aims to improve the health and wellbeing of its students, staff, parents, carers', visitors and stakeholders through the teaching, practice and promotion of healthy eating throughout the school. This mission recognises that establishment of healthy eating habits in childhood can become lifelong habits. We believe that this mission represents a whole school approach to food and healthy eating.

Aims

1. To improve the health of the whole school community by increasing knowledge of food issues, influencing and enabling informed choice of healthy and environmentally sustainable diet, together with hygienic food preparation and storage methods.
2. To increase pupils knowledge of food, in its widest context; culturally, celebratory, preparation, manufacturing, distribution and the impact on health, well-being and the environment.
3. To ensure that there is consistency of messages and provision within school and that the pupils are well nourished. Pupils have access to and are encouraged to eat safe, tasty and nutritious food. To ensure fresh water is available throughout the school day.
4. To ensure that food provision in the school reflects the ethical and medical requirements of pupils and staff e.g. religious, ethnic, vegetarian, medical and allergy needs.
5. To make the provision of food an educational, social, enjoyable and safe experience.
6. To introduce, develop and promote practices, events and themes that reinforce these aims and to remove or discourage practices that negate them.

We will work towards these aims in the following areas:

<p>Breakfast Clubs: These are valued by our pupils and provide healthy choices</p>	<p>We will look to establish sustainable funding sources to retain good practice in our breakfast clubs. We will seek to establish provision for all pupils. We will also regularly monitor this provision (at least yearly) and build on our own good practice</p>
<p>Water Provision: Water is available in all classes.</p>	<p>We will regularly consult pupils on this provision to ensure their needs are being met. Where necessary we will seek other good practice to ensure that the needs of our pupils are met in the most practical and positive way.</p>
<p>Healthier Lunchboxes: Our pupils already enjoy healthy lunchboxes</p>	<p>We will continue supporting parents, carers and pupils with healthy lunchboxes. We will promote this at school events. We will advertise lunchbox guidelines, suggestions and recipes in the school newsletter. We will monitor the fruit trolley take-up and encourage the gardening club.</p>
<p>Dining Room Environment: Our dining room is clean and of a good size, it doubles its use as a gymnasium</p>	<p>We have improved our dining room in consultation with our pupils using matched funding from Jamie Oliver.</p>
<p>School Meals: Take up of school meals is good and the meals are of good quality.</p>	<p>We would like to improve our service in consultation with our pupils.</p>
<p>The Curriculum: All staff teach cookery to their classes.</p>	<p>All staff that need to will renew food hygiene qualifications. The Community Chef can advise on healthier recipes for pupils to try. We will seek to enhance other topics with focussing on other</p>

	aspects of food.
School Nutrition Action Group (SNAG)	We will work towards setting up at SNAG. There is a lot of enthusiasm for healthy eating from staff, students and parents. We will circulate this policy and invite feedback. Through this feedback we will seek to recruit members to our SNAG, which can then meet termly to monitor, evaluate and develop the progress of this policy on the school.

Monitoring and Evaluation:

We will establish a School Nutrition Action Group to monitor, develop and evaluate our School Food Policy. We will seek to recruit members from the whole school community including Governors, senior Staff, Pupils, support staff (midday), School Nurse, Parents, Caterer, business or charities already involved with the school or who may wish to support the school in reaching their aims.

Our SNAG group will meet termly to monitor progress against the action plan detailed above.

The SNAG group will periodically throughout the year evaluate progress made on the action plan. It will do this through informal "word of mouth" feedback, more formal evaluation "illuminative research (draw and write) and by meeting the new Enhanced Healthy School Standard.

The SNAG group will report progress to the School Council and Board of Governors yearly to review the policy in the light of improvements and changes.

The SNAG group will develop ideas into action based on feedback for events, development of new services and policy.